

## **Desserts and Sweets**



**DESSERT** 5 - 10 Minutes





- 1. In a large bowl, whip cream until stiff peaks are just about to form.
- 2. Beat in vanilla (if desired) and 1 tbsp sugar until peaks form. Make sure not to over-beat. Cream will then become lumpy and butter-like. Rinse berries under cold water. Pat dry with towel.
- 3. Place blossom on microwave safe dish and heat for 10-15 seconds.



**Triple Berry Oat** Crisp VGF

- 1. In a large bowl, whip cream until stiff peaks are just about to form.
- 2. Beat in vanilla (If desired) and 1 tbsp sugar until peaks form. Make sure not to over-beat. Cream will then become lumpy and butter-like. Rinse berries under cold water. Pat dry with towel.
- 3. Place berry crisp on microwave safe dish and heat for 10-15 seconds.



**Salted Caramel** Cheesecake V

- 1. Rinse berries under cold water.
- 2. Chill the cheesecake to make it easier to remove wrap.
- 3. Place dessert on desired plate and garnish with the fresh berries. Slice berries if desired.



**Brownie Stuffed** Cookie **V** 

- 1. Rinse berries under cold water. Pat dry with towel.
- 2. Warm cookie on a microwave safe plate. Heat for 10 seconds.
- Place fresh berries around cookie.



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**DESSERT** 5 - 10 Minutes





#### Molten Lava Cake V

- 1. Rinse berries under cold water. Pat dry with towel.
- 2. Remove cake from packaging and place on microwave safe plate.
- 3. Warm cake in microwave for 10-15 seconds.

### **Vegan Peanut Butter** Tart VG GF

- 1. Rinse berries under cold water. Pat dry with towel.
- 2. Remove tart from shell and place on microwave safe plate.
- 3. Warm in microwave for 10 seconds.

## Tips and Tricks

Fanning a strawberry

Remove the leaves from the strawberry or leave them on, it's up to you. Make vertical cuts, but not all the way through. Spread it and you have a beautiful fan to decorate your dessert. You can use skewers to control the deepness of the cuts for convenience.







#### How to whip cream

In a large bowl, whip cream until stiff peaks are just about to form. (Add 1-2 tsp of sugar if desired) Beat until peaks form. Make sure not to over-beat or cream will become lumpy and butter-like. For best results, make sure whisk and bowl are ice cold.





